

# RICK STEIN'S FISH

Sample menu November 2017

## Fizz & chips

Enjoy a glass of chilled Prosecco, the perfect companion to our classic fish & chips.

Prosecco (125ml) £7.00

## APPETISERS

Goujons of plaice with salsa verde mayonnaise. £3.50

Salt cod fritters with aioli. £3.50

Sourdough and walnut bread from our bakery in Padstow with olive oil. £3.50

Marinated kalamata olives with sundried tomato and bay leaf. £3.50

## STARTERS

Three pacific oysters with shallot vinegar. £8.95

Roasted butternut squash soup with thyme and Gruyère. £5.95

A sharing board of seared yellow fin tuna with guacamole, Thai fish cakes, grilled sardines with herbs, salt cod fritters and salt and pepper prawns. £16.95

Salt and pepper prawns with baby spinach, cucumber and beansprouts. £9.95

Moules marinière served with sourdough bread. £8.95

Amritsari seabass in chickpea flour, served with a kachumber salad and chaat masala. £6.95

Crab linguine with tomato, parsley and chilli. £8.95

Grilled sardines with rock salt and lime. £5.95

## MAINS

Indonesian seafood curry with sea bass, cod and prawns. Served with pilau rice and a green bean and grated coconut salad. £19.95

Wild mushroom risotto finished with parmesan and Mascarpone. £11.95

Classic fish and chips served with mushy peas and tartare sauce.  
Plaice £14.95 / Cod £13.95 / Cod bites £13.95 / Haddock £14.95 / Hake £14.95  
Add curry sauce £1.50 or sourdough bread and butter £1.00

A selection board of seared yellow fin tuna with guacamole, Thai fish cakes, grilled sardines with herbs, salt cod fritters and salt and pepper prawns. £16.95

Chargrilled tuna steak, served rare, with salsa verde and buttered new potatoes. £18.95

Lamb karahi curry with spinach, served with basmati rice and chapati. £14.95

Whole steamed seabass with ginger and spring onion, served with pilau rice. £18.95

Grilled whole plaice with lemongrass butter. £16.95

8oz rump steak from Phillip Warren served with chips and a tomato, shallot and thyme salad. £19.95

Malaccan black pepper crab, stir fried whole crab with garlic, ginger, chilli, curry leaves and black beans. £22.95

## SIDES

Broccoli with olive oil and Parmesan. £3.50

Braised kale with chilli and garlic. £3.50

Mixed leaves with a mustard vinaigrette. £3.50

Buttered new potatoes. £3.50

Chips. £3.50

All our fried food is cooked in beef dripping apart from our breaded dishes and our vegetarian dishes.

Please ask a member of staff for information on allergens

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