

RICK STEIN'S *café*

Winter sample menu

Book a table here

FRESHLY BAKED SOURDOUGH BREAD

With butter. 3.50

MARINATED KALAMATA OLIVES

3.50

PATATAS BRAVAS

3.75

Drop in for breakfast or a cake with a mid-morning cappuccino, for lunch with many dishes designed to be light and healthy, or for dinner to enjoy our à la carte menu and a three-course set price one too.

STARTERS

TIBETAN NOODLE SOUP. 5.95

VIETNAMESE POACHED CHICKEN SALAD

With peanuts, mint and coriander. 6.95

AMRITSARI FISH

Deep fried in a batter of chickpea flour, garlic and ginger sprinkled with chat masala, served with raita and kachumber salad. 6.95

THAI FISH CAKES

With a sweet and sour cucumber dipping sauce. 6.95

MUSSELS

With coriander, chilli, garlic and ginger. 9.95

SALT AND PEPPER PRAWNS

Served with cucumber, spinach and a soy and sesame dressing. 9.95

GRILLED SCALLOPS

With coriander and hazelnut butter. 12.95

SANDWICHES Available until 3pm

HALLOUMI Chargrilled served on toasted sourdough with sour cream, mayonnaise, chipotle, lettuce, tomato and avocado. 9.95

CALIFORNIAN CHICKEN SANDWICH Poached chicken served on toasted sourdough with sour cream, mayonnaise, chipotle, lettuce, tomato and avocado. 10.95

MAINS

COD FISH CAKES

With salad and aioli. 13.95

HAINANESE CHICKEN RICE - KHAO MAN GAI

"A dish I would cross continents for. It appears in various forms all over the Far East, especially Malaysia and Singapore". 13.50

MEEN KULAMBU

A fragrant cod curry from southern India served with basmati rice. 15.95

HAKE WITH BEER, BACON AND SAVOY CABBAGE 15.95

PAN FRIED SEA BASS FILLET

With hot sweet chilli sauce, served with pak choi and cashew nuts. 19.95

CHARGRILLED 8oz RUMP STEAK

Salad of bitter leaves in a mustard dressing and thin cut chips
Butcher, Philip Warren, Launceston. 21.95

3 courses for £24.95

Choose a starter, main course and dessert. Available every day from 6pm.

Supplements: Steak £6, sea bass £4, cheese £2.

SIDES 3.75 each

THIN CUT CHIPS

BUTTERED CORNISH POTATOES

MIXED LEAF SALAD

FINE GREEN BEANS with confit shallots.

RICE with crispy shallots.

KALETTES with confit garlic.

Please ask for information on allergens

COCKTAILS

RHUBARB ROYALE 8.95 | BELLINI 7.95 | GIN AND LIME SORBET 7.50
COSMOPOLITAN 7.50 | WHITE LADY 6.95 | CUCUMBER COOLER 6.95
SPICED APPLE DAIQUIRI 8.95

OUR FAVOURITE SPIRITS

RICK STEIN & TARQUIN'S GIN 5.70 | BOXER GIN 3.60 | BOMBAY SAPPHIRE GIN 3.95
ELEMENT 29 VODKA 3.60 | DOORLY'S DARK OR WHITE RUM 3.65

BEER & CIDER

PERONI (5.1%) 4.15 | ASAHI (5%) 4.15 | DOOM BAR (4.3%) 4.75 | CHALKY'S BITE (6.3%) 4.75
CORNISH ORCHARDS CIDER (5%) 4.50

CHAMPAGNE & SPARKLING WINES

	Glass	Bottle
PROSECCO LA TORDERA 'ALNE' MILLESIMATO EXTRA DRY DOC, TREVISO	7.00	35.00
CHAMPAGNE BEAUMONT DES CRAYÈRES BRUT, FRANCE NV	10.00	50.00
RICK STEIN'S CHAMPAGNE BLANC DE BLANCS, FRANCE	12.00	60.00
CAMEL VALLEY SPARKLING ROSÉ, CORNWALL		58.00

Bob and Sam Lindo have won countless awards for their sparkling rosé grown just along the Camel River in Cornwall. We are immensely proud to have listed their wonderful fizz for the last 20 years.

WHITE WINE

	175ml	500ml	750ml
VERMENTINO, LES ARCHÈRES, IGP PAYS D'OC, FRANCE 2017	5.00	13.70	19.95
Bright, crisp and refreshing. I've wanted a good value Vermentino on our list for years. I'm thrilled to find one that over-delivers on flavour.			
GARGANEGA, TORRE DEL FALASCO, IGP VENTO, ITALY 2017	5.20	14.40	20.95
SAUVIGNON BLANC, LE TUFFEAU, IGP D'OC, FRANCE 2017	6.30	17.10	25.00
ANIMA DE RAIMAT, COSTERS DEL SEGRE, SPAIN 2017	6.50	17.80	26.00
Made from a blend of Chardonnay, Xarel-lo and Albariño, each adding its own character. Chardonnay adds roundness, Xarel-lo freshness and the Albariño adds aromas.			
PINOT GRIGIO 'VILLA FIORE', DOC VENEZIA-GIULIA, ITALY 2017	6.50	17.80	26.00
GEWÜRZTRAMINER, AVES DEL SUR, VALLE DE MAULE, CHILE 2017	6.70	18.50	27.00
This Gewurztraminer from Chile is a real winner. With aromas of rose petals and Lychees, typical of the grape. Ideal partner to some of our spicier dishes.			
RICK STEIN'S SPANISH WHITE, VIURA/VERDEJO, CASTILLA Y LEÓN, SPAIN 2017	6.90	18.90	27.50
After several seafood delights whilst filming in Galicia and drinking a number of Castilla y León wines from white china cups I had to find a really good one for us. I asked my son Charlie to find something made from the Verdejo grape, it's a wine to celebrate my Spanish book and TV series.			
SAUVIGNON BLANC, WYEBROOK ESTATES, MARLBOROUGH, NEW ZEALAND 2017	8.50	23.30	34.00
This 2017 is pure and vibrant-aperfect expression of the vintage. It has all the hallmarks of a classic Kiwi Sauvignon-bright greengage, passionfruit and mango fruit but with a finesse rarely found in these wines. A very classic and fine example of this popular wine style.			
RICK STEIN'S WHITE BURGUNDY, MÂCON, FRANCE 2016	11.25	32.00	45.00
In 2014 I travelled with the family to Beaune to find the perfect wine to commemorate The Seafood Restaurants fortieth anniversary. This nutty, buttery and complex wine is fleshy and ripe, but with a wonderful citrus freshness and a touch of oak. It's a fresh, thirst-quenching celebration for people who love the world's best chardonnays. - Charlie.			

ROSÉ WINE

GRANFORT ROSÉ DE CINSAULT IGP D'OC, FRANCE 2017	5.20	14.40	20.95
CHÂTEAU BAUDUC ROSÉ, BORDEAUX FRANCE 2017	7.00	19.20	28.00

'We made this lighter style of Rosé using Merlot, Cabernet Franc and Cabernet Sauvignon grapes - with minimum skin contact - it is crisp, dry and fruity - a sort of St Tropez meets Bordeaux.' says Gavin Quinney of Chateau Bauduc.

RED WINE

GRENACHE/SYRAH, PEYRASSE, PAYS D'OC, FRANCE 2017	5.00	13.70	19.95
Juicy, round and easy Grenache and Syrah from Southern France.			
MERLOT, LES DOMAINES AURIOL, IGP PAYS D'OC, FRANCE 2017	5.70	15.70	22.95
CORVINA, TORRE DEL FALASCO, VENETO, ITALY 2016	5.75	16.10	23.00
RICK STEIN'S SPANISH RED, GARNACHA, CAMPO DE BORJA SPAIN 2017	6.90	18.90	27.50
Rick and his son Charlie worked together to select this wine to match with the flavours he encountered on his journey through Spain. A delicious, juicy and ripe Spanish red made.			
MALBEC RESERVE, KAIKEN, MENDOZA, ARGENTINA 2017	7.50	21.00	30.00
PINOT NOIR, AVES DEL SUR RESERVA, VALLE DE MAULE CHILE 2017	7.80	21.30	31.00
BELLA FIORE, TENUTA IGT VENETO, ITALY 2016	8.00	22.40	32.00
Silk, silk, silk and ridiculously smooth. This is my go to crowd pleasing red, full of bright blackcurrant.			
RIOJA CRIANZA SANTIAGO, RIOJA, SPAIN 2015	8.25	23.10	33.00
Soft, round and comforting Rioja from one of the oldest Bodegas in the regions.			

Wines by the glass also available in 125ml/ 250ml measures.

Please ask for information on allergens