

FISH & CHIPS

FISH

Battered or grilled

Cod	6.95
A medium sweet flavour with meaty flakes. From sustainable stocks.	
Hake	6.95
A great alternative to cod. A juicy fish with a creamy, soft texture.	
Cod bites	6.95
Small flaky pieces of sweet cod, battered and fried.	
Haddock	7.95
Very similar to cod, slightly sweeter and with lighter flakes.	
Plaice	6.95
A mild sweet flavour with small and soft flakes.	
Lemon sole	7.95
Sweet, light and delicate with lovely small flakes.	
Mackerel	6.95
Strong earthy flavour with an oily meaty texture.	
Salmon	7.95
Farmed Scottish salmon, best served grilled.	

All available as gluten free and vegetarian, please ask.

add chips £2.50

All our fried food is cooked in beef dripping, apart from our breaded and vegetarian dishes.

SALADS

Greenbean and grated coconut	3.25
With crispy fried garlic, chilli and shallots.	
Freekeh	3.25
Bulgur wheat salad with pomegranate, mint and spring onion.	
Spinach and watercress	3.25
Perfect alongside any of our grilled fish.	
Chickpea, tomato and coriander	3.25

CURRY KITCHEN

Meen kulambu	8.95
A fragrant cod curry from Southern India. Served with basmati rice.	
Goan chicken curry	8.95
With coconut, coriander, tomato and chilli. Served with basmati rice.	
Lamb karahi	8.95
Rich, dark spicy lamb curry with spinach. Served with basmati rice.	
Beef rendang	8.95
Hot and spicy beef curry with coconut, tamarind and palm sugar. Served with basmati rice.	
Pad Thai noodles, chicken and prawns	8.95
A delicate balance of soft noodles, the crunch of peanuts and bean sprouts and flavours of sweet, salty, hot and sour.	
Nasi goreng	8.95
Stir fried rice with chicken, prawns, shallots, garlic, chilli, cucumber, soy, spring onions and fried egg.	
Mussel masala	6.95
Fresh local mussels cooked with coconut, ginger and green chillies. Served with a warmed chapati.	
Vegetable makhanawala (v)	6.95
A deliciously buttery vegetable curry with green beans, cauliflower, peas, potatoes, carrots and cashew nuts. Served with basmati rice.	

SIDES

Pau bhaji (v)	4.95
A mild potato curry with green chilli chutney and warmed chapati.	
Totopas with guacamole	3.95
Fresh corn tortillas.	
Chapatis	1.95
Two, warmed.	
Basmati rice	1.95
With crispy shallots.	
Stir-fried rice noodles	1.95
With tamarind.	
Poppadoms	1.00
Mango chutney	1.00
Lime pickle	1.00
Cucumber and mint raita	1.00
Kachumber salad	1.00

BEACH BITES

Fish chilli burger	6.45
Red onion, lettuce, tomato, mayonnaise and chipotle chilli relish.	
Mexican inspired pulled beef brisket burger	6.45
Pickled slaw and chipotle chilli relish in a floured bun. Add onion rings for £1.00.	
Ensenada fish taco	5.95
With chilli, coriander and pico de gallo salsa.	
Battered mackerel	6.45
With mayo, chilli sauce, lime and kachumber salad.	
Cornish jumbo pork sausages	7.95
Two sausages from the Kernow Sausage company, available battered or unbattered, served with chips.	
Grilled halloumi burger (v)	5.95
With mayonnaise and chipotle chilli relish in a sesame bun.	
Plaice goujons	6.95
Panko breaded plaice.	
Scampi	7.95
Sweet langoustine tails, breaded and fried.	
Amritsari fish	7.95
Fried in a chickpea batter, garlic and ginger, sprinkled with chat masala and served with a kachumber salad.	
Tandoori prawns	8.95
Whole shell-on prawns in a masala and yoghurt marinade.	

SIDES

3 oysters with shallot vinegar	6.75
3 tempura oysters	6.75
With soy and sesame dressing.	
Chips	(reg) 2.50 (lrg) 2.95
Chips with Davidstow cheddar	4.00
Chip butty	2.95
Onion rings	2.45
Bread roll	1.00
Tartare sauce / Mayo / Chipotle mayo / Aioli	1.00
Curry sauce	1.45
Mushy peas	1.25

DESSERTS

Chocolate brownie	3.25
Mississippi mud pie	3.25
Salted caramel cheesecake	3.25
White chocolate and raspberry fool	3.25



Treleavens Cornish ice cream	from 2.50
Treleavens Cornish sorbet	from 2.50

MiniStein menu

- Cod bites and chips
- Chicken or veg wrap
lettuce, cheese and tomato
- Sausage and chips
Available battered or unbattered
- Grilled cod, rice
and garden peas
- Scampi and chips

All £5.95

Available for under 12s.

Sample menu summer 2018