

HALLOUMI SAGANAKI 5.00

MARINATED OLIVES 4.00

SOURDOUGH BREAD with salted butter and olives 4.50

LEMON SOLE GOUJONS with salsa verde mayonnaise 4.50

PADRON PEPPERS 5.00

STARTERS

ROASTED RED PEPPER SOUP 7.50

TOMATO, BASIL AND SHALLOT SALAD 7.95

BATTERED MACKEREL with mayonnaise, chilli sauce and lime 8.00

CRAB LINGUINE handpicked white crab meat, olive oil, chilli, garlic and parsley 12.95

THAI FISH CAKES with a sweet and sour cucumber dipping sauce 8.95

SALT AND PEPPER PRAWNS served with cucumber, spinach and a soy and sesame dressing 12.95

SEARED SCALLOPS with serrano ham 16.95

MAINS

VIETNAMESE POACHED CHICKEN SALAD with peanuts, mint, coriander 16.95

PONDICHERRY COD CURRY a fragrant cod curry from southern India served with basmati rice 17.95

One Feeds Two - Cod curry just got even better. When you enjoy this café classic, we provide a school meal for a child living in poverty. Good food - does good.

GRILLED BREAM WITH LAKSA NOODLES AND SAMBAL BLACHAN grilled bream with egg noodles, beansprouts, spring onion and coriander and a Malaysian shrimp paste, chilli and kaffir lime sambal 19.95

GRILLED HAKE with spring onion mash and soy butter 20.95

SEA BASS FILLET with hot sweet chilli sauce, served with pak choi and cashew nuts 22.95

TOMATO, AUBERGINE AND TAMARIND STEW with sourdough bread 15.95

CHARGRILLED RUMP STEAK 10oz rump steak from Philip Warren butcher in Launceston. Served with rocket and thin cut chips 24.50

Peppercorn Sauce 3.00

SIDES

BUTTERED POTATOES 3.95

GARDEN SALAD 4.50

THIN CUT CHIPS 3.95

TENDERSTEM BROCCOLI
with sea salt and olive oil 4.00

SEASONAL CABBAGE 4.00

COCKTAILS

RHUBARB ROYALE 9.95 | WHITE PEACH AMERICANO 8.95
GIN HIGHBALL 11.50 | MH MARGARITA 14.50 | MH EXPRESSO MARTINI 10.95

OUR FAVOURITE SPIRITS

RICK STEIN & TARQUIN'S GIN 5.75 | BOXER GIN 3.75 | ABSOLUT VODKA 3.75
BOMBAY SAPPHIRE GIN 4.25 | DOORLY'S DARK OR WHITE RUM 3.75

BEER & CIDER

CHALKY'S BITE (6.8%) 4.95 | DOOM BAR (4.3%) 4.95 | ASAHI (5.2%) 4.50 |
OFFSHORE PILSNER (4.8%) 4.25 | VERDANT LIGHTBULB EPA (4.5%) 5.00
CORNISH ORCHARDS FARMHOUSE (5%) 5.25 OR BLUSH (4%) 4.50
LUCKY SAINT LOW ALC (0.5%) 4.25

SOFT DRINKS

COKE 3.00 | DIET COKE 3.00 | COKE ZERO 3.00 | LEMONADE 3.00 | ELDERFLOWER 3.25
GUSTO SICILIAN BLOOD ORANGE 3.95 | GUSTO SICILIAN LEMON YUZU 3.95
FROBISER ORANGE 3.50 | FROBISER APPLE 3.50 | BUNDABERG GINGER BEER 3.25

CHAMPAGNE & SPARKLING WINES

Glass Bottle

PROSECCO SPUMANTE, ERA ORGANIC, DOC TREVISO ITALY

9.00 43.00

CAMEL VALLEY SPARKLING ROSÉ, CORNWALL

Bob and Sam Lindo have won countless awards for their sparkling rosé grown just along the Camel River in Cornwall. We are immensely proud to have listed their wonderful fizz for the last 20 years.

14.60 70.00

CHAMPAGNE GOBILLARD BRUT, FRANCE

12.90 62.00

RICK STEIN'S CHAMPAGNE BLANC DE BLANCS, FRANCE NV

13.50 67.00

WHITE WINE

Glass Carafe Bottle

VERMENTINO, LES ARCHÈRES, IGP PAYS D'OC, FRANCE
2021

Bright, crisp and refreshing. I've wanted a good value Vermentino on our list for years. I'm thrilled to find one that over-delivers on flavour.

6.40 16.90 24.50

GROS MANSENG SAUVIGNON BLANC, DOMAINE
HORGELUS, COTES DE GASGOGNE, FRANCE 2021

7.40 19.30 28.00

RICK STEIN'S SPANISH WHITE, VERDEJO, GALICIA,
SPAIN 2020

8.90 23.40 34.00

CHENIN BLANC 'SECATEURS', AA BADENHORST,
SWARTLAND, SOUTH AFRICA 2021

8.70 22.80 34.00

SAUVIGNON BLANC, WAIRU RIVER, MARLBOROUGH,
NEW ZEALAND 2021

10.50 27.60 40.00

RIESLING, PIKES, CLARE VALLEY, AUSTRALIA, 2021

42.00

RICK STEIN'S WHITE BURGUNDY, MÂCON, FRANCE 2020

This nutty, buttery and complex wine is fleshy and ripe, but with a wonderful citrus freshness and a touch of oak. It's a fresh, thirst-quenching celebration for people who love the world's best Chardonnays. – Charlie

12.90 33.80 50.00

ROSÉ WINE

CHATÉAUX BAUDUC ROSÉ, BORDEAUX, FRANCE 2021

8.70 22.80 33.00

RED WINE

LES ARCHERES CARIGNAN, IGP PAYS DE L'HERAULT,
FRANCE 2021

6.60 15.90 25.00

SANGIOVESE ERA IGT CANTINE VOLNI MARCHE ITALY 2020

7.40 19.30 28.00

RICK STEIN'S SPANISH RED, GARNACHA,
CAMPO DE BORJA, SPAIN 2020

Rick and his son Charlie worked together to select this wine to match with the flavours he encountered on his journey through Spain. A delicious, juicy and ripe Spanish red.

8.70 22.80 33.00

RIOJA CRIANZA, AZABACHE, SPAIN 2018

8.90 23.40 34.00

MALBEC, PHEBUS, MENDOZA, ARGENTINA 2021

9.20 24.10 35.00

SOLI PINOT NOIR, THRACIAN VALLEY, BULGARIA 2019

9.30 24.50 35.50